



Diabetes

Knowledge Paper

Candidate

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Company

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Date

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Diabetes Knowledge Paper

1. What is insulin?

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2. Why might older people who are overweight need to be tested regularly for diabetes?

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3. Why do many people believe type 1 diabetes to be more serious than type 2?

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4. Why do you think it's important to avoid labelling people as 'diabetics'?

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5. Give two examples of symptoms of diabetes.

1.....
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2.....
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6. Give an example of a good source of health information for a client newly diagnosed with diabetes.

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7. How might a GP ensure that they were prescribing appropriate medication for an individual?

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8. What is the aim of diabetes treatments?

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9. Why is it important for clients with diabetes to be educated about their condition?

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10. How is insulin administered?

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11. Give 3 examples of starchy carbohydrates.

- 1.....
- 2.....
- 3.....

12. What type of fats should you try to eat more of?

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Knowledge Paper**

13. How much exercise do you need to do each week?

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14. What is hypoglycemia?

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15. Give 3 examples of symptoms of hypoglycemia.

- 1.....
- 2.....
- 3.....

16. What 2 diabetic emergencies are associated with high blood glucose?

- 1.....
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- 2.....
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17. Why is it important for people to control their blood glucose levels?

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18. Why is it important to make sure that clients with diabetes wear something on their feet at all times and that whatever they wear fits properly?

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***Diabetes
Knowledge Paper***

19. Why is it important to monitor clients' blood glucose levels more closely when they are ill?

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20. What would you do if you noticed that a client with diabetes had a wound which wasn't healing?

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